

Matthew 6:14-24

*The heart behind...forgiveness, fasting and possessions*

**Forgiveness (v. 14-15)**

What is forgiveness?

What isn't forgiveness?

**Fasting (v. 16-18)**

What is fasting?

What isn't fasting?

**Possessions (v. 19-24)**

What is of value?

What isn't of value?

**Message Reflection:**

- Are you willing to forgive others?
- Are you humble enough to ask for forgiveness?
- Do you fast? Why or why not?
- What do you value the most in life? Is that good or bad? How do you think that impacts your most prized relationships?